

NEUTRAL SUPPORTIVE RUNNING SHOES
(IDEAL FOR ORTHOTIC PROVIDERS WHO WANT A NETRAL BUT FIRM PLATFORM FOR AN ORTHOTIC DEVICE)

Model	\$ Price	Forefoot Flexibility/ Rocker	Neutral Midsole		Sole Plate Width	Heel Counter Firmness	Lateral Heel Midsole	Torsional Rigidity	Ladies	Men	Width Sizing Available	Model It Replaces	Description
			Soft	Firm									
Mizuno Wave Creation X	\$180	Stiff / Moderate Rocker	—	√	Medium	Very	Firm	High	√	√	—	IX	Neutral shoe with an extended wave plate in the forefoot for long lasting forefoot stiffness! Lateral heel softened in ladies!
Adidas Adistar Ride	\$150	Moderate / Moderate Rocker	—	√	Narrow Midfoot	Moderate	Firm	Moderate	√	√	—	Adistar Cushion VI	Great rear foot stability and lessened lever arms with decoupled heel. Great arch support and midfoot fit.
New Balance 1063	\$170	Moderate / Max Rocker	—	√	Wide Rearfoot	Moderate	Firm	Moderate	√	√	√	New Balance 1062	The new PL 1 last makes this more runner friendly, less boxy and a great neutral supportive for an orthotic.
Asics Fortitude III	\$145	Moderate / Moderate Rocker	—	√	Wide	Very	Moderate	Very	√	√	—	II	A great neutral supportive shoe for orthotics; slight medial overlay in rear midsole but acts neutral; wide sole plate good for aggressive orthotics.
New Balance 883	\$160	Moderate / Minimum Rocker	—	√	Wide	Moderate	Moderate	Moderate	√	√	√	New Balance 882	Less boxy than the 882. Excellent for internal heel lifts and hefty orthotics as it is extremely deep heel to toe.
New Balance 993	\$180	Stiff / Minimum Rocker	—	√	Medium	Moderate	Firm	High to Moderate	√	√	√	New Balance 992	Old school shoe with a polyurethane heel for excellent durability. Great orthotic shoe especially for heavier individuals who walk or just plod along.
Saucony Progrid Ride	\$140	Flexible / Moderate Rocker	—	√	Medium Wide	Moderate	Moderate to Soft	High to Moderate	√	√	—	Trigon Ride IV	Classic neutral supportive shoe with a narrow heel and wide forefoot.
New Balance 758	\$150	Moderate / Moderate Rocker	√	—	Medium	Moderate	Soft	Moderate	√	√	√	New Balance 757	Due out in August it is anticipated to be a sleek neutral shoe that gives us another orthotic friendly model in various widths. Improved fit over previous model. We hope!